

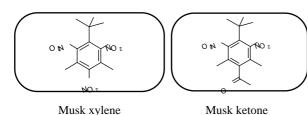
# **Synthetic Musk Fragrances**

Use

Synthetic musk fragrances are very widespread in the home. They are used as low cost fragrances in soaps, perfumes, air fresheners, detergents, fabric softeners and other household cleaning products. Many of these products are ultimately disposed of to the sewers. As such, a large proportion will end up at sewage works and pass from there to rivers and ultimately the seas.

There are four synthetic musk fragrances accounting for 95% of those used. These are the nitro-musks (musk xylene, used in detergents and soaps, and musk ketone, used in cosmetics) and two polycyclic musks (known by their abbreviations 'HHCB' and 'AHTN'). See Table 1.

Global production was 7000 tonnes in 1988 but is likely to have increased significantly since then.



### **Toxicity**

As for many synthetic chemicals in everyday use, there is a very serious lack of toxicity data

on synthetic musks. However,
we do know that synthetic
musk fragrances are
persistent, bioaccumulate
in fatty tissue and are
poorly degradable in

the environment.

Synthetic

Musk Fragrances:

Reasons for Concern

Of the few studies carried out, one has shown that long-term exposure to musk xylene causes cancer in mice. Of equally serious concern is the ability of musk ketone and

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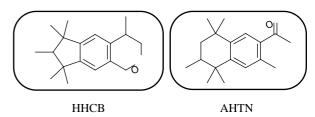
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musk xylene breakdown products to mimic the hormone oestrogen. Laboratory studies on fish and frogs have shown these breakdown products to be endocrine disrupting chemicals (EDCs). The potential for oestrogenic activity of the polycyclic musks requires further investigation.



# **Human Exposure**

Humans are most at risk from synthetic musk fragrances not only through their exposure from contaminated food species lower down the foodchain (shellfish, fish etc), but also through direct absorption through the skin from the many household sources of musk fragrances.

Synthetic musk fragrances have been found in human body fat, with nitro-musks found more in women than men. Polycyclic musks are also present in human fats. Some synthetic musks get passed to breast-feeding babies in breast milk (see Table 2).

As a result of these type of levels being found in human beings, the European Scientific Committee on Cosmetics has concluded that human exposure to musk xylene and musk ketone should be reduced.





Table 1: Usage of synthetic musk fragrances in Europe (tonnes)				
	Nitro musks	Nitro musks		
	Musk xylene	Musk ketone	HHCB AHTN	
1995	110	61	1482 585	
1998	86	40	1473 385	

Table 2: Levels of synthetic musk fragrances found in human breast milk				
Musk ketone	0.01 - 0.2 mg/kg fat			
Musk xylene	0.01 - 1.2 mg/kg fat			

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### **Environmental Fate and Exposure of Wildlife**

Where sewage treatment exists, due to the fat-soluble, lipophilic ('fat loving') nature of synthetic musks, much will be retained in sewage sludge and disposed of to land or via incineration. Nevertheless, samples of seawater taken from the German Bight show that all types of synthetic musk fragrances are present in the marine environment.

Levels have also been examined in fatty fish (eels) and non-fatty fish from the River Ruhr. Musk xylene has also been found in marine fish, mussels and polycyclic musks in crabs and mussels (see Table 3). The breakdown products of musk xylene are also persistent. In the River Elbe the concentration of musk xylene breakdown products is four times that of musk xylene itself.

This includes the reduction and elimination of synthetic musk fragrances, which have the ability to disrupt endocrine systems and are present in human fatty tissue, human breast milk, wildlife and the wider aquatic environment.

WWF believes that the use of musk xylene, musk ketone and the polycyclic musks (AHTN and HHCB) should be banned as soon as possible. Voluntary reduction measures should be agreed in advance of such a ban to reduce as quickly as possible the environmental exposure of both humans and wildlife to this class of hazardous substances.

Text prepared by Guy Linley-Adams from research by Gwynne Lyons for WWF.

Table 3: Concentrations of synthetic musk fragrances in wildlife and the aquatic environment (wet weight $\mu g/kg$ )						
	Musk xylene	Musk ketone	HHCB AHTN			
Eels (Ruhr)	37 - 95	37 - 66	97 - 126 124 - 143			
Non-eel fish (Ruhr)	<1 - 9	3 - 13	10 - 45 18 - 34			
Mussels (North Sea)	-	-	up to 110 up to 60			
Crabs (North Sea)	-	-	up to 370 up tp 60			

# **WWF Policy and Reduction of Inputs**

In 1998, WWF welcomed and strongly supported the Sintra Statement made by the signatories to the OSAPR Convention which made firm commitments to protect the marine environment from hazardous substances. The OSPAR countries agreed to reduce the discharges of hazardous chemicals with the ultimate aim of achieving close to zero concentrations of man-made synthetic substances in the marine environment.

However, since 1998 WWF has become concerned about the weakness of proposed action to reduce and eliminate discharges, emissions and losses of the OSPAR Chemicals for Priority Action.



#### **References / Further Reading**

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